

REPORT

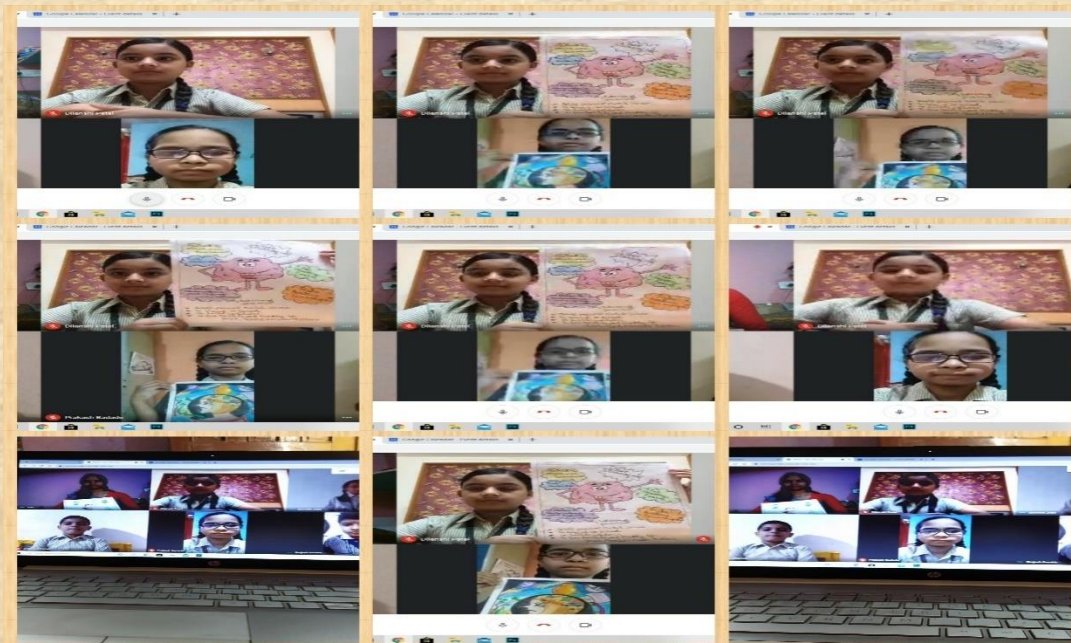
WORLD MENTAL HEALTH DAY (10TH OCT.)

DATE : 10th OCT. 2020
DAY : SATURDAY
NAME OF INSTITUTION : SICA S. S. SCHOOL, Sch. No. 78
PLACE : ON GOOGLE MEET

“World Mental Health Day” is observed on 10th Oct. every year, with an overall objective of raising awareness of mental health issues around the world.

This year’s “World Mental Health Day”, on 10th Oct. 2020 comes at a time when our daily lives have changed considerably as a result of COVID-19 Pandemic. The past months brought many challenges for everyone.

Ministry of education, Govt. of India had under taken “MANODARPAN” initiative covering a wide range of activities to provide psychosocial support to students, teachers and family for mental health and emotional wellbeing during COVID-19 outbreak and beyond.



Regarding this some activities were done during online classes in SICA 78 PRIMARY. Teachers explained about the mental health and how the students can engage themselves during this pandemic. They told the stories also regarding mental health. Students were asked to make posters on “World Mental Health Day”. They made the posters and shared them during online classes and through WhatsAppgroup.

